



RE-TREAT YOGA STUDIO

MENS WELLNESS RE-TREAT MAY 19-24, 2025 CRETE - GREECE

Escape to the captivating island of Crete for a transformative Men's Retreat in the picturesque city of Chania. Nestled in the embrace of the Mediterranean, this retreat offers a unique opportunity to rejuvenate the mind, body, and spirit while forging meaningful connections with like-minded individuals. Embrace the serenity of a private villa, indulge in daily yoga, fitness, and meditation classes, and immerse yourself in the rich culture of Chania for a holistic experience of self-discovery and genuine camaraderie.



INSTRUCTORS

Mark Huges - Workout with Pride

Dimitris Gkioulos - Re-Treat Yoga Studio

www.retreatyogastudio.gr

www.workoutwithpride.co.uk

LOCATION:

Chania, Crete, Greece
Closest Airport: Chania
International Airport CHQ

DAILY CLASSES

- Fitness & Mobility
- Yoga & Meditation

ACCOMMODATION

On the top of the hill only a few km from the city center of Chania, Mythic Olive Villa offers the luxuriant you need for your retreat! Amazing views of the Sunrise and the Sunset, incredible exteriors, amazing decoration and many amenities will make your stay Unique and Memorable!

Available Rooms:
Shared Twin Rooms
Single Rooms



EXCURSIONS

- Beach of Agii Apostoli
- Chania Old City

FOOD

Daily Homemade Vegetarian Meals
Breakfast – Snacks – Dinner



PRIVATE VILLA
Mythic Olive Villa

PRICE INCLUDES

- Accommodation in a private luxury villa
- Daily Classes
- Meals (Breakfast/Snacks/Dinner)
- Transfer for Excursions



*Begin your wellness journey.
Re-Treat your Body, Mind & Soul*

PRICES

- Early Bird Until March 1st
 - Shared Twin Room 1100€ per person
 - Single Room 1350€ per person
- Prices After March 1st
 - Shared Twin Room 1350€ per person
 - Single Room 1600€

To secure your spot a 30% Deposit is required. Deposit is not refundable



For more information
& booking contact:

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Website

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